



Physical Education & CCA by HOD PE/CCA

Mr Mohd Hasri

4 January 2018



**Empowered Learners,
Persons of Strength and Character**

OBJECTIVES

- To provide parents with information on PE Syllabus for P1 to P6 based on the New PE Syllabus 2013-2015
- To provide parents with information on CCA Programmes

PE PROGRAMME

- Movement Experiences
- Overall Development
- Foundation for an Active life

- Lower Primary & Upper Primary

PE PROGRAMME

- Lower Primary
- Focus on Mastery of Fundamental Motor Skills
 - Locomotor
 - Non-locomotor
 - Manipulative skills

PE PROGRAMME

- Upper Primary
- Mastery of Discrete Skills
 - More Complex Combinations
 - Sequences of Movement
 - More recognisable forms of activity and games

PE PROGRAMME

The New PE Syllabus provides

- diversity & breadth
- well-balanced PE Programme

Seven Learning areas:

- Athletics (from Pri 3)
- Dance
- Games & Sports
- Gymnastics (Educational)
- Outdoor Education
- Physical Health & Fitness (HE)
- Swimming (by end of Pri 6)



CCA PROGRAMME

- Curriculum time
 - 100% attendance
 - Friday 7.30 am to 9.00 am
 - P3 to P6

After school hours

- Representing School in Competition



CCA PROGRAMME

4 – Broad Groups

- Performing Arts
- Sports & Games
- Uniform Grps
- Clubs & Societies

Performing Arts

- Angklung
- Chinese Dance
- Malay Dance
 - Guzheng
 - Choir

Sports & Games

- Badminton
- Football
- Basketball
- Rugby

Uniform Group

- Brownies
- Scouts

Clubs & Societies

- Art & Craft Club
- Infocom Club
- English Drama Club

CCA PROGRAMME

- Recruitment for P2 (Year end)
 - Recruitment is done for P2 as they move to P3
 - Use Recruitment Form that allows choice of up to 5 CCAs
 - CCA Fair for P2s before selection (Nov)



Thank you



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