



Welcome to *Bedok Green Primary School*

3 January 2023



EMPOWER@BGPS

Empowered Learners,
Persons of Strength & Character

PHOTOGRAPHY AND VIDEOGRAPHY AT SCHOOL EVENTS/ PUBLICATION OF STUDENTS' WORK

We would like to inform you that photographs/videos of students/parents taken at all school events by the official school photographers may be published on the school's official media platforms (e.g. newsletters, school website or similar platforms) and used for briefings, workshops and other educational purposes. The school may publish photographs, videos and students' work/achievements together with the names of the students from time to time. Please notify the school in writing if you do not wish to grant such permission.



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WELCOME ADDRESS

Welcome Address



Mr Benjamin Yong
Principal



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Welcome Address



Mdm Sharifah

Vice-Principal



Mr Yeo Sho Hor

Vice-Principal



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Mr Loh Wei Leong
Year Head
(Lower Primary)



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1INT



Mdm Lee Xuan Harn
Form Teacher
(P1 Integrity)



Mdm Hainoon
Form Teacher
(P1 Integrity)



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1RES



Ms Nur 'Aliah
Form Teacher
(P1 Respect)



Mr Kenneth Wong
Form Teacher
(P1 Respect)



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1RPS



Ms Diane Lim
Form Teacher
(P1 Responsibility)



Ms Jazmin Ahamed
Form Teacher
(P1 Responsibility)



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1RSL



Ms Chin Ching Shia
Form Teacher
(P1 Resilience)



Mdm Fang Fang
Form Teacher
(P1 Resilience)



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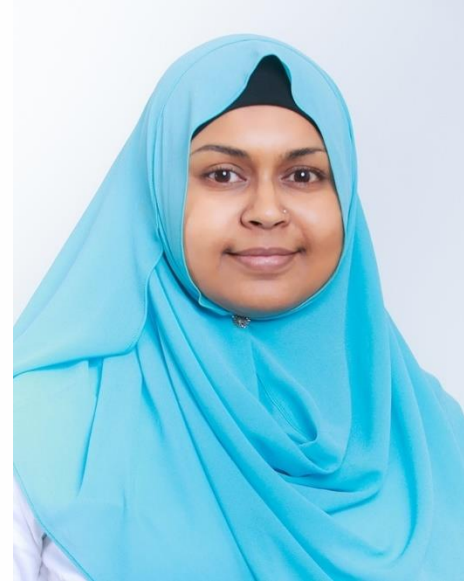
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1COM



Ms Andrea Chua
Form Teacher
(P1 Compassion)



Ms Suryati
Form Teacher
(P1 Compassion)



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1BRV



Ms Sharifah Mahani
Form Teacher
(P1 Bravery)



Ms Jee Si Min
Form Teacher
(P1 Bravery)



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1GRA



Ms Nur Ashikin
Form Teacher
(P1 Graciousness)



Ms Gladys Lim
Form Teacher
(P1 Graciousness)



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1PSV



Ms Nurul Shamin
Form Teacher
(P1 Perseverance)



Ms Mellisa Puah
Form Teacher
(P1 Perseverance)



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Knowing the school. Familiarization of school routines. School Tour. Confirm Dismissal Mode

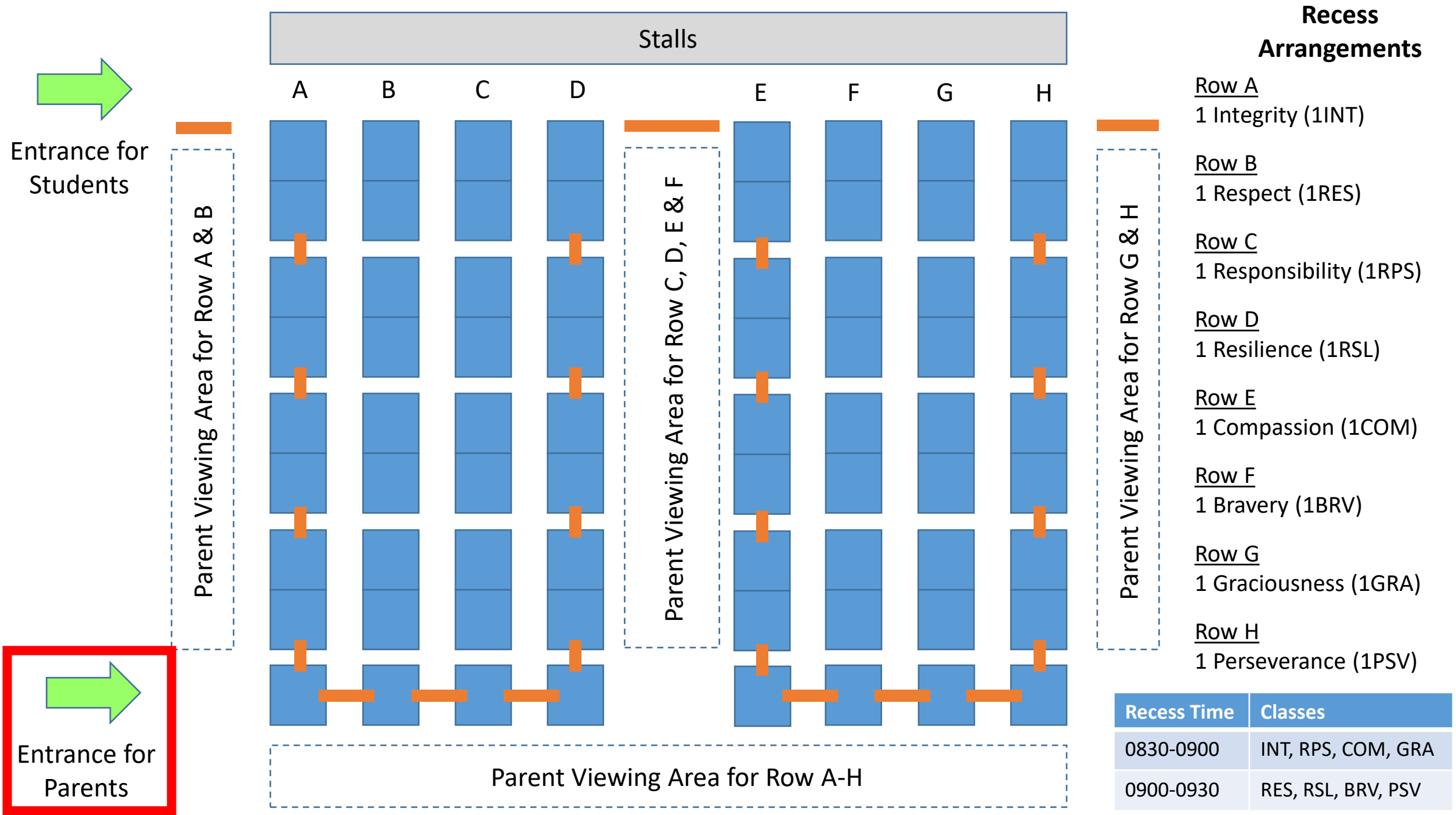
	1 INT	1 RES	1 RPS	1 RSL	1 COM	1 BRV	1 GRA	1 PSV
6.45 – 7.30	Assemble in the School Hall							
7.30 – 8.00	Principal- Welcome Address, Anthem, Pledge and School Song							
8.00 – 8.30	Prepare for recess							Bonding
8.30 – 9.00	Recess							Prepare for recess (FTs meet parents)
9.00 – 9.30	Take photo (FTs meet parents)							Recess
9.30 – 10.00	<ul style="list-style-type: none">Issue LetterCollect books							Take photo
10.00 – 10.30		Issue Letter Collect books						
10.30 – 11.00	School Tour							School Tour
11.00 – 11.30	Snack Time							Snack Time
11.30 – 12.00	Bonding							
12.00 – 12.30								
12.30 – 1.25								
1.25								

according to Gate, school bus, lobby pick-up and SCC.

according to Gate, school bus, lobby pick-up and SCC.

P1 Parent Engagement Programme 2023

Class / Time	1 Integrity (1INT)	1 Respect (1RES)	1 Responsibility (1RPS)	1 Resilience (1RSL)	1 Compassion (1COM)	1 Bravery (1BRV)	1 Graciousness (1GRA)	1 Perseverance (1PSV)
0715-0740	Be seated in the School Multi-purpose Hall (MPH @ Level 2)							
0740-0800	Address by Principal							
0800-0830	Character Development Matters							
0830-0900	Recess Viewing at Canteen	Meeting with FTs [4COM – D3-04]	Recess Viewing at Canteen	Meeting with FTs [4RPS – E3-03]	Recess Viewing at Canteen	Meeting with FTs [4INT – E3-01]	Recess Viewing at Canteen	Meeting with FTs [3RSL – C3-04]
0900-0930	Meeting with FTs [4BRV – D3-03]	Recess Viewing at Canteen	Meeting with FTs [4RSL – E3-04]	Recess Viewing at Canteen	Meeting with FTs [4RES – E3-02]	Recess Viewing at Canteen	Meeting with FTs [3COM – C3-03]	Recess Viewing at Canteen
0930-1030	Academic & Assessment Matters							
1030-1325	Parents can leave the school and return later to pick up their children later at dismissal time							
1325	Dismissal For parents taking children home through Gates, please wait at Gate 1, 4 or 5 punctually and patiently. Gate 1: 1BRV, 1COM Gate 4: 1GRA, 1 PSV Gate 5: 1INT, 1RES, 1RPS, 1RSL							





Principal's Address for Parents

Supporting your child's transition from K2 to P1

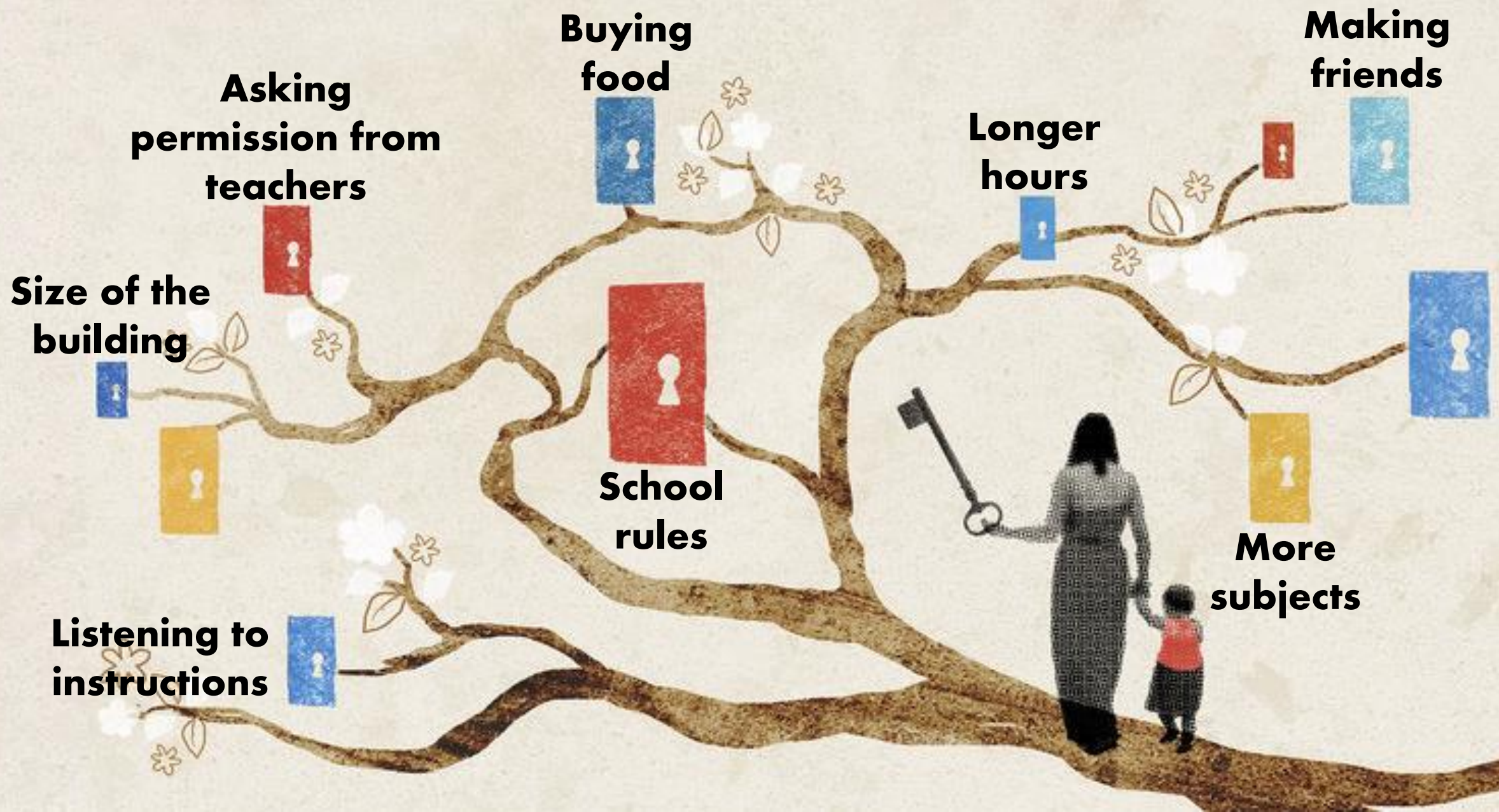


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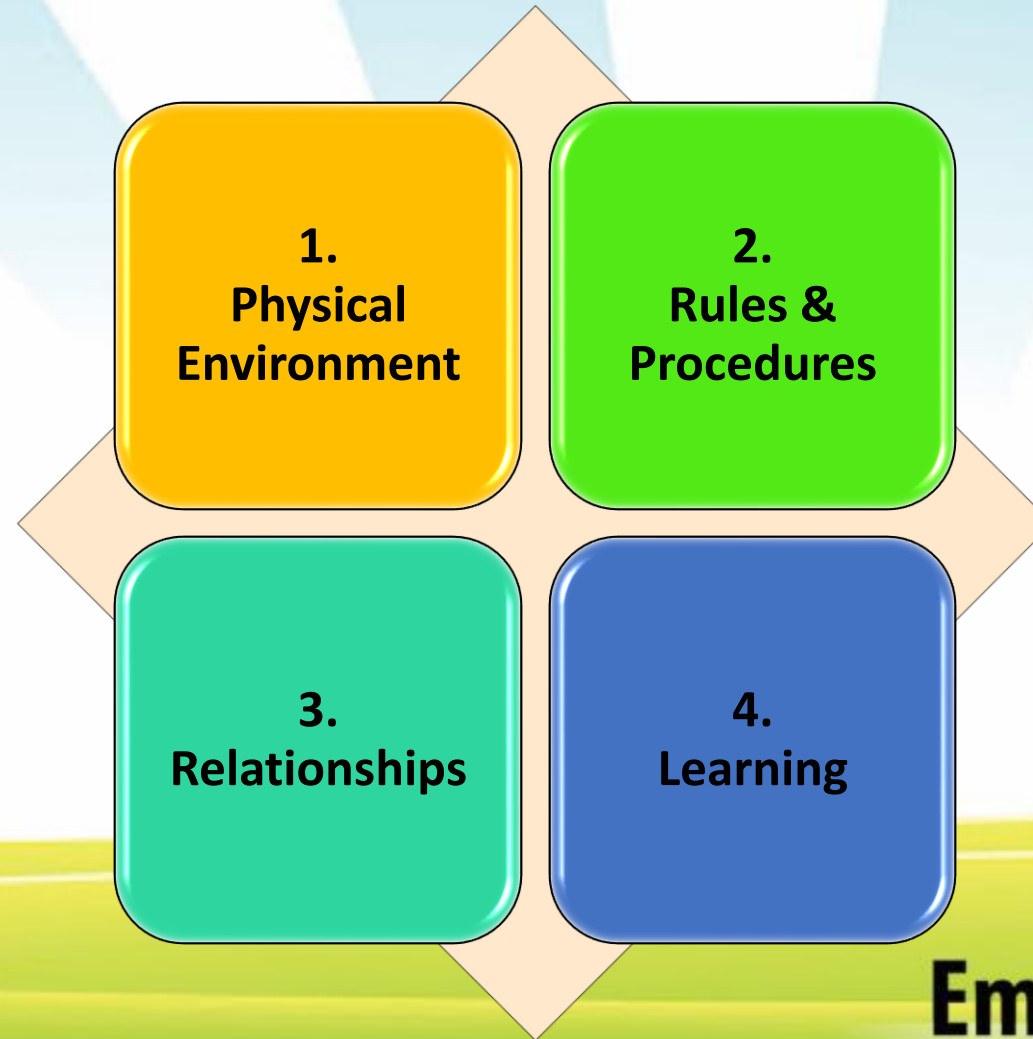
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Transition

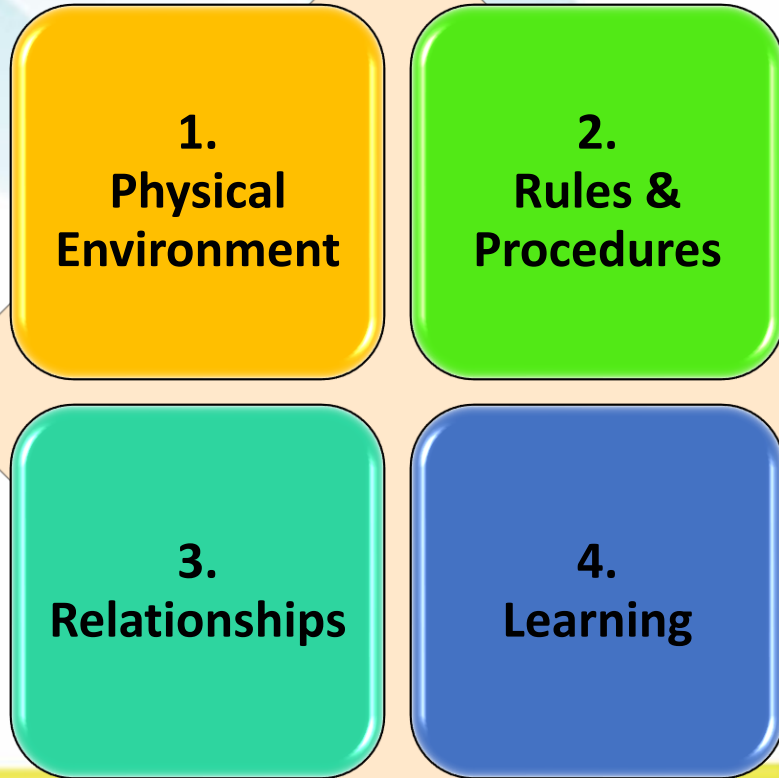
- A process of adapting to changes
- Strong connections between home and school can help ease a child's transition into school.
- It means accurate information about the child is given to the school, meeting and communicating with new teachers, attending school programmes, adapting to school policies.



The Key Changes for Your Child



Tips to Ease the Transition



1. Use S.A.F.E. communication
2. Cultivate independence skills
3. Develop social emotional skills
4. Manage the academic workload
5. Ensure punctuality and attendance

PARENTS BEING THE SUPPORTIVE PARTNERS

1. Use S.A.F.E. Communication



- **SUPPORT**



- **AFFIRM**



- **FAMILIARISE**



- **EMPATHISE**

1. Use S.A.F.E. Communication

SUPPORT



- **Talk about fond memories of your own school days.**
e.g. What you did in Primary One; kind teachers and cheeky classmates you had.
- **Talk about concerns of transition.**
e.g. like new environment, school rules, friends or fears.

1. Use S.A.F.E. Communication

AFFIRM



- **Encourage your child when he/she makes observations.**
e.g. “That’s interesting!” and ask why he/she said that.
- **Recognise small successes.**
e.g. “You’ve made another new friend in class. Well done!”

1. Use S.A.F.E. Communication

FFAMILIARISE



- **Do practical things to ease your child into new routines.**
e.g. Plan the daily routines together, practise how to buy food during recess

1. Use S.A.F.E. Communication

EMPATHISE



- **Teach your child words that describe feelings.**
Acknowledge your child's emotions.
e.g. "It's okay to feel anxious about starting school."
- **Understand your child's needs.**
e.g. Start bedtime early. Children need a lot of sleep.



IS YOUR CHILD GETTING ENOUGH SLEEP? —

When your little one has enough sleep, he or she should feel refreshed and have enough energy to go out and play! Having sufficient hours of sleep means at least 10 hours a day if they are 3 to 5 years old and at least 9 hours a day if they are 6 to 13 years old.

SLEEP DURATION RECOMMENDATIONS

School Age 6-13 Years

9-11 HOURS



Teen 14-17 Years

8-10 HOURS



2. Cultivate Independence Skills



- **Encourage** self-help skills



- **Promote** a sense of responsibility



- **Teach** your child to care for his/her belongings



- **Involve** your child in making decisions

School-Ready Independence Skills

- Packing his/her own bag
- Dressing himself/herself
- Eating well during recess
- Regulating toilet habits
- Alighting with bag from vehicle
- Being ready for Student Care



School-Ready Independence Skills

- Highlighting letters/messages from the school/teachers
- Showing your note in the Student Handbook to the teacher
- Approaching the teachers or the General Office



3. Develop Social Emotional Skills



- **Teach** friendship skills



- **Encourage** sharing and taking turns



- **Involve** your child in conversations



- **Help** your child to manage his/her emotions

4. Manage the Academic Work



- **Introduce** early literacy and numeracy skills



- **Know** your child's school schedule and events



- **Communicate** regularly with the teachers



- **Check** your child's handbook daily

5. Ensure Punctuality and Attendance



- **Set up** a regular bedtime and morning routine



- **Develop** backup plans for coming to school on time



- **Avoid** medical appointments and extended trips during the school term



- **Determine** if your child's complaint of stomachache/headache is genuine

Parent-Child Digital Activity Book



FOR YOU & YOUR CHILD

PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School



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Parent-Child Digital Activity Book – Relating To Others



Build your child's interpersonal skills by:

- Modelling the use of friendly and polite phrases
 - “Hello! My name is... what is your name?”
 - “May I please...”
- Providing opportunities for your child to share and take turns during playtime with other children.
- Teaching them coping mechanisms (e.g. deep breaths, quiet corner, stop-think-do) to enable them to manage their emotions.



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Parent-Child Digital Activity Book – Developing Good Habits

Guide your child to do the following independently:

- Keep to a regular bedtime
- Make healthy food choices
- Pack their bag
- Dress themselves
- Buying food at the canteen

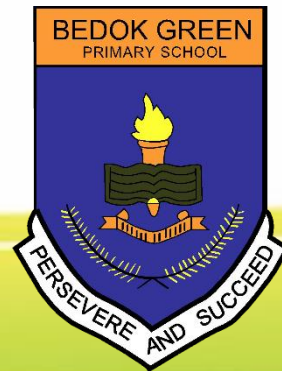


Dismissal (1.25pm)

Lower Pri classes to be dismissed from this gate:

Gate 1	
Primary 1 (1.15pm)	Primary 2 (1.20pm)
P1COM	P2COM
P1BRV	P2BRV

Gate 4	
Primary 1 (1.15pm)	Primary 2 (1.20pm)
P1PSV	P2PSV
P1GRA	P2GRA



Gate 5	
Primary 1 (1.15pm)	Primary 2 (1.20pm)
P1INT	P2INT
P1RES	P2RES
P1RPS	P2RPS
P1RSL	P2RSL

We appreciate your
feedback on today's
orientation programme!



<https://go.gov.sg/nm2nxt>



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Thank You



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